



Samsāra MEDISPA

skin body mind



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Welcome to Samsara Medispa's Winter Newsletter - Issue 4, May - Sept 10

Samsara is an ancient Hindu and Buddhist word meaning **'realms in life.'** I can't believe it is nearly the middle of the year! For many of us our lives get very busy and hectic at this time. It is important to take time out and look after ourselves internally and externally so we can avoid those nasty winter ailments.

Samsara Medispa has been open for 1 year and we are looking forward to the 1st birthday celebrations! We would like to thank you all for your valuable support and help, without it, it would not be possible.

Winter is upon us, and soon we will be wearing coats and scarfs. We have been so lucky to have some extra warmth and sunshine! Unfortunately in winter our energy levels can drop, skin gets dryer, dehydrated and muscles can ache from the cold. It is important to think about changing moisturisers and exfoliating. Taking time to care for your skin and body can go a long way in de-stressing and making you feel better. We have a variety of promotions, products and fantastic beauty secrets to get you looking your best for this time of the year. I look forward to seeing you soon.

Our philosophy...

Is to provide a safe, warm and tranquil treatment experience. We believe that professionally prescribed regimes and treatments performed by our friendly, qualified and knowledgeable Beauty Therapists are vital for achieving desired results for your skin, body and mind. We use only the best products that contain natural ingredients that really work and are safe and good for the skin. We will always endeavour to do this without rushing you and welcome you to stay after your treatment for refreshments.

Samsara offers a wide range of treatments:

- Free Skin Consultations
- Advanced Facial Treatments
- Microdermabrasion
- Electrolysis & Red Vein Removal
- Jane Iredale Mineral Makeup
- Remedial & Holistic Massage
- Body Treatments
- Spray Tan
- Tinting/Shaping
- Waxing
- Manicures & Pedicures

'Peace cannot be kept by force. It can only be achieved by understanding.' - Albert Einstein

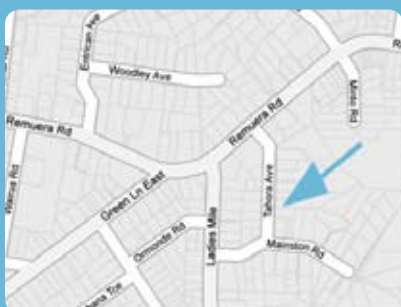


Meet Priya

Priya is the **Senior Beauty Therapist/ Makeup Artist and Samsara Medispa's Manager.** She started her career in the makeup industry specialising in photo shoots, bridal and special occasion makeup. After completing her beauty therapy qualifications, she worked in high end day spas in Queenstown. Upon returning to Auckland, her experience grew in skin and electrolysis, and then she later worked in London's world famous Harley Street which deals with aesthetic beauty. This developed her laser, IPL, advanced skin treatments and appearance medicine knowledge. Priya is passionate about beauty therapy and makeup and is very excited about giving you the best service.

Opening Hours

Mon: 10 – 5	Thurs: 10 – 8
Tues: 10 – 8	Fri: 9 – 6
Wed: 12 – 8	Sat: 9 - 4



Loyalty and Referral Programme

Thank you for choosing Samsara Medispa. We are aware that most of our clients come from referrals - that is happy clients recommending that their friends visit us. If you know of anyone who is currently looking for what we do at Samsara, I request that you refer them to us. Once your friend makes a booking, I will give you a **FREE voucher** to use at Samsara. We also keep track of all your purchases for retail and treatments and for every \$700 you spend we give you a **\$20 discount** to put towards your next treatment.

The Importance of Skin Consultations

Your skin is the largest organ in your body, and at Samsara we believe that having a skin consultation and analysis is vital for achieving results for your skin, body and mind. The consultation questions takes a holistic approach as things like diet, lifestyle, skincare background, medical history and stress levels can not only affect you internally but externally as well. Using a state of the art skin scanner we will be able to see deeper, and prescribe a treatment plan and homecare report. Getting your skin as good as it can be makes a real difference and maintenance is the key.

Samsara Medispa offers free skin consultations with a homecare report.

Idermed In The Media

Idermed has been in the media limelight lately and the active skincare line is continuously being mentioned in magazines like Australian Women's Weekly, Mindfood and Fashion Quarterly. **Australian Women's Weekly voted the Idermed Brightening Infusion Facial as one of there top 10 facials for sundamage and pigmentation.** Fashion quarterly and Mindfood have reviewed some brightening and renewing serums and said that they are amazing for hydrating, renewing and sundamage. At Samsara Medispa we are proud to use and recommend a results driven skincare range that actually works!



1st Birthday Celebrations!!!

Samsara is turning 1 at the end of May. It is hard to believe that it's already been a year! It has been a busy but rewarding year and we are looking forward in continuing providing you with professional and friendly service in a warm and tranquil environment.

For our 1st birthday we are having two days of celebrations. The first being a Idermed Skincare Evening commencing Tuesday 25th May at 6pm. Our skin experts Melissa, Fran and myself will be advising you on rejuvenation, sundamage and ageing. **There will be bubbles and nibbles, demonstrations, special offers and giveaways.**

The second celebration is a hands / feet and Makeup Day with bubbles, nibbles and special offers, bookings are \$30. **Come and be spoilt and leave feeling pampered and confident!** Bookings can be made from 12 – 8 on Thursday 27th of May. There are limited spaces left for this event. If you would like to attend contact Priya to RSVP.



Priya's Simple Tips

Beauty tips that can really make a difference.

1. In winter skin gets dryer. If after moisturising, your skin still feels a bit tight then it is time to look at a more nourishing moisturiser. Try the Idermed renewing day and night moisturiser. This potent hydrator contains a unique blend of antioxidants and essential fatty acids to renew and moisturise.

2. Always apply your foundation to your eyelids. Why? Because your eyelids have blue and red tones or tinges. When you apply foundation you work them out leaving you with a blank neutral canvas to allow your eyeshadow to be their true colour.

A Lovely Gift Idea

Gift vouchers are available, choose from any treatment or simply choose a dollar value.



A Beautiful You On Your Special Day

It's that time of year for special occasion balls and mid winter functions. At Samsara Medispa we have a fantastic special occasion promotion to get you looking glamorous and feeling confident for your special day!

Please see our "Autumn and Winter Promotions" (on the right of this page) for great deals and specials.

We guarantee you will look and feel fantastic after your treatment at Samsara Medispa or have your treatments again absolutely FREE OF CHARGE.

Autumn and Winter Promotions

Option 1

Get \$205 Worth of Beauty Treatments for ONLY \$110!

SPECIAL PACKAGE INCLUDES:

Consultation and 30 min Enzyme facial (Normally \$70)

Eyebrow Tidy and Lash or Brow Tint (Normally \$35)

Jane Iredale Mineral Makeup (Normally \$70)

File and Paint Hands or Feet (Normally \$30)

TOTAL VALUE \$205

Special Occasion Price \$110!



Terms & Conditions: Bookings and treatments must be completed by September 1st 2010 to take advantage of this offer. We recommend that the facial, eyebrows and lashes be done 1 week before makeup. Please mention this ad when making the booking. CALL NOW so you don't miss out!

Option 2

Purchase \$90 worth of Jane Iredale makeup and ...

Have your makeup done absolutely FREE OF CHARGE!



Terms & Conditions: Bookings and treatments must be completed by September 1st 2010 to take advantage of this offer. Please mention this ad when making the booking. CALL NOW so you don't miss out!